



**MAHIDOL  
UNIVERSITY**  
*Wisdom of the Land*



**Imperial College  
London**

## The 6<sup>th</sup> Annual Course on School Health and Nutrition Programmes in Asia

12 – 19 February 2017

**Main Venue:** Faculty of Tropical Medicine, Mahidol University, Bangkok Thailand

### Course Conveners:

Faculty of Tropical Medicine & Asian Centre of International Parasite Control (ACIPAC), Mahidol University, Thailand

Partnership for Child Development (PCD), Imperial College London, UK

Japan Consortium for Global School Health Research (JC-GSHR), Japan

*Saturday 11<sup>th</sup> February: Arrival of participants to Bangkok.*

Day	Date	Key Topics
1	Sun 12 <sup>th</sup> February	AM Course opening & introductions
		PM Country team presentations
		Eve Welcome dinner at Rayamana, Restaurant, King Power
2	Mon 13 <sup>th</sup> February	AM School Health & Nutrition policies at country level
		PM Workshops on policy analysis, monitoring and evaluation in School Health & Nutrition
3	Tue 14 <sup>th</sup> February	AM School-based non-communicable disease prevention, health check-ups and food education
		PM Disaster prevention in the SHN context
4	Wed 15 <sup>th</sup> February	AM SHN Services: integrated and inclusive programmes
		PM Examples of inclusive and disability-focused programming from Thailand and field briefing
5	Thu 16 <sup>th</sup> February	AM Field visit: Kanchanaburi Province (Western Thailand)
		PM Visit to schools and health promotion clinic: Focus on SHN services including disaster management activities and school lunch provision
6	Fri 17 <sup>th</sup> February	AM Participants at leisure (sightseeing), return to Bangkok
7	Sat 18 <sup>th</sup> February	AM Reflection on field visits and technical sessions on deworming and school feeding programming
		PM Action planning in country teams
8	Sun 19 <sup>th</sup> February	AM Country presentations & closing ceremony
		PM Participants at leisure

## Agenda Summary Timetable:

Date & Scope	Activities & Timings
<p><b>Day 1:</b> <b>Sun 12<sup>th</sup> February 2017</b></p> <p><b>Brief summary:</b> <i>Opening sessions, course introduction, the global and regional School Health &amp; Nutrition situation and the FRESH Framework.</i></p> <p><i>Presentations: Progress and challenges in SHN in participating countries.</i></p> <p><b>Chair:</b> <i>Assoc. Prof. Jitra Waikagul</i></p> <p><b>Co-Chairs:</b> <i>Prof. Jun Kobayashi</i></p>	<p><b>Day 1: Course opening &amp; introductions</b></p> <p><b>8:30 - 9:00</b> Registration of participants Collection of registration packs and submission of SHN policies and guidelines by country participants</p> <p><b>9:00 - 9:40</b> Opening ceremony: Introductions to course conveners &amp; guests</p> <p><b>9:40 - 10:20</b> Course introduction and history, objectives, expected outputs (L) <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Ms. Jane Lillywhite, PCD, Imperial College</i></p> <p><b>10:20 - 10:40</b> Brief self-introduction of the participants (D)</p> <p><b>10:40 - 11:00</b> Coffee break &amp; group photograph</p> <p><b>11:00 - 11:20</b> An overview of the global school health situation and introduction to the FRESH Framework(L) <i>Ms. Jane Lillywhite, PCD, Imperial College</i></p> <p><b>11:20 - 11:50</b> The regional school health situation (include roles of SHN in the SDGs) (L) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i></p> <p><b>11:50 - 12:15</b> School Health Implementation from SEAMEO's perspective (L&amp;D) <i>AJ Pratap Singhasivanon</i></p>
	<p><b>12:15 - 13:15</b> Lunch</p>
	<p><b>13:15 - 15:00</b> Country team presentations from all countries (includes SHN policy, stakeholder analysis, present situation and challenges in SHN)</p> <p>10 minutes per country + 5 minutes Q&amp;A</p> <p><i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Dr. Laura Appleby, PCD, Imperial College London</i></p>
	<p><b>15:00 - 15:15</b> Coffee break</p>

	<p><b>15:15 - 17:00</b> Country presentations: 10 minutes + 5 minutes Q&amp;A (L &amp; D)</p> <p><i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i></p> <p><i>Close of day and summary</i></p> <p><b>18:00 - 20:00</b> Welcome dinner at (<u>Lamoon</u>) <u>Ramayana Restaurant King power</u></p>
<p><b>Day 2: Mon 13<sup>th</sup> February 2017</b></p> <p><i>Fresh Pillar I (Policies):</i></p> <p><i>Key factors for successful policy and planning</i></p> <p><i>Presentations on policy situation analysis and monitoring &amp; evaluation in SHN programmes</i></p> <p><b>Venue:</b> Faculty of Tropical Medicine, Mahidol University</p> <p><b>Chair:</b> <i>Prof. Jun Kobayashi</i></p> <p><b>Co-Chairs:</b> <i>Dr. Laura Appleby</i></p>	<p><b>Day 2: SHN Policy, Monitoring &amp; Evaluation</b> <i>Brief recap on previous day</i></p> <p><b>9:00 - 9:50</b> School Health and Nutritional Policy- Challenges and key factors for its implementation (includes explanation of M&amp;E tools) (L) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i></p> <p><b>9:50 - 10:20</b> Case study about School Health &amp; Nutrition implementation in Nepal (L) <i>Dr. Rachana Manandhar Shrestha, The University of Tokyo</i></p> <p><b>10:20 - 10:35</b> Coffee break</p> <p><b>10:35 - 11:30</b> School Health and Nutrition Policy Analysis (WS) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i></p> <p><b>11:30 - 12:30</b> Country presentations on SHN policy situation analysis (L&amp;D) Selected 5 country teams</p> <p>(5 minutes per country +5 minutes Q&amp;A,) Q &amp; A session and discussion on School Health &amp; Nutrition policy and achieving policy implementation (D) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i> <i>Dr. Laura Appleby, PCD, Imperial College London</i></p>
	<p><b>12:30 - 13:30</b> Lunch</p>
	<p><b>Policy Analysis</b></p> <p><b>13:30 – 15:00</b> Tools for Monitoring and Evaluating SHN Programmes: SABER &amp; FRESH (L (15 mins), D &amp; WS) <i>Partnership for Child Development Team</i> <i>Save the Children Representative</i></p> <p><b>15:00–15:15</b></p>

	<p>Coffee break</p> <p><b>15:15–16:00</b> Country group presentations of SABER or FRESH (including Q&amp;A and Discussion) <i>Partnership for Child Development Team</i> <i>Save the Children Representative</i></p> <p><i>Close of day and summary</i></p>
<p><b>Day 3</b> <b>Tue 14<sup>th</sup> February 2017</b></p> <p><i>FRESH Pillars II (School Environment) &amp; III (Health Education)</i></p> <p><i>Best practices for NCD control in school, effective school health education, and investigating disaster prevention strategies in SHN</i></p> <p><b>Chair:</b> <i>Prof. Jun Kobayashi</i></p> <p><b>Co-Chairs:</b> <i>Assoc. Prof. Jitra Waikagul</i> <i>Dr. Laura Appleby</i></p>	<p><b>Day 3: NCDs, health education and school-based health check-ups (health education)</b> <i>Brief recap on previous day</i></p> <p><b>9:00–9:30</b> Global overview of NCD in School and recommended strategy (L) <i>Prof. Takashi Asakura, Tokyo Gakugei University. JC-GSHR</i></p> <p><b>9:30-9:50</b> School based health check-up and its use in nutrition education <i>Prof. Takashi Asakura, Tokyo Gakugei University, JC-GSHR</i></p> <p><b>9:50-10:20</b> School lunch and food education in Japan <i>Dr. Mika Kigawa, University of Toyama, JC-GSHR</i></p> <p><b>10:20-10:35</b> Coffee Break</p> <p><b>10:35 – 11:15</b> Diseases Prevention and Surveillance in School <i>Dr. Srivicha Krudsood, Mahidol University</i></p> <p><b>11:15-12:00</b> Sharing good practice and challenges on NCDs in school (Round table meeting) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i> <i>Assoc. Prof. Akihiro Nishio, Gifu University, JC-GSHR</i></p> <p><b>12:00-12:30</b> Report from groups and Q &amp; A</p>
	<p><b>12:30 - 13:30</b> Lunch seminar (Kansai Paint)</p>
	<p><b>13:30 – 14:00</b> Discussion on Public Private Partnership in SHN <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i></p> <p><b>Disaster prevention in SHN (the school environment)</b> <b>14:00-14:20</b> World trends on disaster prevention and Japanese experience in</p>

	<p>SHN (L) <i>Assist Prof. Mitsuya Kodama, University of the Ryukyus, JC-GSHR</i></p> <p><b>14:20-14:50</b> Disaster prevention of Thai experience (L) <i>Assoc Prof. Keerati, Mahidol University</i></p> <p><b>14:50-15:00</b> Coffee Break</p> <p><b>15:00-15:30</b> Importance of institutionalized human capacity building for sustainable SHN implementation and disaster education <i>Prof. Takashi Asakura, Tokyo Gakugei University. JC-GSHR</i></p> <p><b>15:30-16:30</b> Group discussion on how to integrate disaster preventive education in existing school health and strength partnerships with community <i>Prof. Takashi Asakura, Tokyo Gakugei University. JC-GSHR</i> <i>Assist. Prof. Mitsuya Kodama, University of the Ryukyus, JC-GSHR</i></p> <p><i>Close of day and summary</i></p>
<p><b>Day 4</b> <b>Wed 15<sup>th</sup> February 2017</b></p> <p><i>FRESH Pillar IV (School Health Services)</i></p> <p><i>How SHN services can be integrated and provision of screening and services for disabled children.</i></p> <p><b>Chair:</b> <i>Dr. Laura Appleby</i></p> <p><b>Co-Chairs:</b> <i>Assoc. Prof. Jitra Waikagul</i> <i>Prof. Jun Kobayashi</i></p>	<p><b>Day 4: Integrated and Inclusive School Health &amp; Nutrition Programmes</b></p> <p><b>9.00 – 10:00</b> Integrating interventions in SHN programming and making them inclusive, experiences from the field <i>Dr. Laura Appleby, PCD</i></p> <p><b>10:00-11:00</b> Global overview of special needs education systems (L) <i>Assoc. Prof. Akihiro Nishi, Gifu University, JC-GSHR</i></p> <p><b>11:00 – 12:00</b> Experience from Cambodia on integrating vision screening into existing SHN programmes <i>Cambodia Ministry of Education, Youth &amp; Sports</i></p> <hr/> <p><b>12:00 - 13:00</b> Lunch</p> <hr/> <p><b>Disability &amp; Mental Health Services in Thai Schools</b> <b>13:00 – 14:00</b> The Holistic Mental Health Promotion in Primary School Dr. Sirirat Ularntinon, Queen Sirikit National Institute of Child Health</p>

	<p><b>14:00 – 15:00</b> Intervention of Disability in Thai schools <i>Dr. Smart Ratanasakorn, MOE Thailand</i></p> <p><b>15:00-16:00</b> Discussion and closing remarks on the integration of SHN services and the integration of disability screening into mainstream SHN programmes (D) <i>Partnership for Child Development Team</i></p> <p><b>16:00-16:30</b> Background information concerning the education system and SHN in Thailand followed by field visit briefing. Make clear the purpose of field visit <i>Dr. Pimpimon Thongtien, Mahidol University</i> <i>Dr. Pannamas Maneekan, Mahidol University</i></p> <p><i>Close of day and summary</i></p>
<p><b>Day 5</b> <b>Thu 16<sup>th</sup> February 2017</b></p> <p><i>Field visits to observe best practice in comprehensive SHN and Disaster management Prevention</i></p> <p><b>Venue:</b> <i>Schools in Kanchanaburi Province</i></p> <p><b>Chair:</b> <i>Mahidol University</i> <i>(Assoc. Prof. Jitra, Assist. Prof. Dorn, Dr. Pim, Dr. Panamas,)</i></p> <p><i>FRESH Pillars IV (School Health Services) &amp; III (Health Education)</i></p>	<p><b>Day 5: Field Visit to Schools</b></p> <p><b>7:00 – 10:00</b> Travel from Bangkok to Baan Kang Luang School, Kanchanaburi Province</p> <p><b>10:00 – 11:00</b> Presentations on Baan Kang Luang School history, SHN activities, and disaster management prevention in case of flood</p> <p><b>11:00 – 11:45</b> Evacuation drill (Dam-break flooding simulation)</p> <p><b>11:45 – 12:00</b> Q&amp;A</p> <p><b>12:00 – 12:45</b> Lunch at Baan Kang Luang school Cultural shows by Baan Kang Luang school's students</p> <p><b>12:45 – 13:30</b> Move to Wat Sri-Uppalaram school</p> <p><b>13:30 – 14:00</b> Cultural shows by Wat Sri-Uppalaram school's students</p> <p><b>14:00 – 15:00</b> Presentations on Wat Sri-Uppalaram school history, SHN activities, and disaster management prevention in case of fire</p> <p><b>15:00 – 15:45</b> Fire drill</p> <p><b>15:45 – 16:00</b> Q&amp;A</p>

	<p><b>16:00 – 16:45</b> Move to Vimandin Heaven&amp;Horizon Resort, Mahidol University, Kanchanaburi Campus</p> <p><b>17:00 – 18:00</b> Dinner</p> <p><b>18:00 – 19:00</b> Discussion and sharing activities based on field visit</p>
<p><b>Day 6</b> <b>Fri 17<sup>th</sup> February 2017</b></p> <p>Sightseeing</p> <p><b>Venue:</b> <i>Kanchanaburi Provinces</i></p> <p><b>Chair:</b> <i>Mahidol University (Assoc. Prof. Jitra, Assist. Prof. Dorn, Dr. Pim, Dr. Panamas,)</i></p>	<p><b>Day 5: Sightseeing</b></p> <p><b>7:00 -8:00</b> Breakfast</p> <p><b>8:00 – 11:30</b> Visit Krasae Cave and Death Railway</p> <p><b>11:30 – 13:00</b> Lunch (on your own) and souvenir at Mae Bua Kham (Mother Golden Lotus)</p> <p><b>13:00</b> Move to Bangkok</p>
<p><b>Day 7</b></p> <p><b>Sat 18<sup>th</sup> February 2017</b> <i>Reflections on field visit for policy implementation.</i></p> <p><i>Technical sessions on deworming and school feeding</i></p> <p><i>Development of SHN packages and action plans</i></p>	<p><b>Day 8: Feedback and Action Planning</b></p> <p><b>9:00-10:15</b> Reflections on the field visits and discussion on how strong policy implementation can be achieved through advocacy (WS &amp; D) <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR Course participants and conveners</i></p> <p><b>10:15-10:30</b> Coffee Break</p> <p><b>10:30-11:30</b> <b>Technical Workshop – Deworming</b> MDA roadmap, Tools to support global deworming efforts Accessing the global donation Mapping and uploading data Costing deworming programmes Need for monitoring and evaluating prevalence of worms</p> <p><i>Dr. Laura Appleby, PCD Dr. Dorn Wattanakulpanich, Mahidol University &amp; ACIPAC</i></p> <p><b>11:30-12:30</b> <b>Technical Workshop – School Feeding</b> <i>Presenter TBC</i></p>

	<p><b>12:30 – 13:30</b> Lunch</p> <p><b>Development SHN package</b> <b>13:30-15:00</b> Workshop for development of SHN packages (SEAMEO)</p> <p><b>15:00 - 15:15</b> Coffee Break</p> <p><b>15:15-17:00</b> Action planning by each countries</p> <p><i>All course facilitators</i></p> <p><i>Close of day and summary</i></p>
<p><b>Day8:</b> <b>Sun 19<sup>th</sup> February 2017</b></p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>Assoc. Prof. Jitra Waikagul</i></p> <p><b>Co-Chairs:</b> <i>Ms. Jane Lillywhite</i> <i>Prof. Jun Kobayashi</i></p>	<p><b>Day 9: Country Action Planning, Presentations &amp; Closing Ceremony</b></p> <p><b>9:00 - 10:30</b> Final SHN action planning workshop to prepare SHN action plans and presentations. (WS) <i>PCD Team and all course conveners</i></p> <p><b>10:30 - 10:45</b> Coffee break</p> <p><b>10:45 - 12:30</b> Presentation of Country Action Plans (10 minutes per country + 5 minutes Q &amp; A)</p> <p><b>12:30 - 13:30</b> Lunch</p> <p><b>13:30 - 15:00</b> Presentation of country Action Plans: 10m, 5m Q &amp; A</p> <p><b>15:00 - 15:15</b> Coffee Break</p> <p><b>15:15 - 15:45</b> Course evaluation and 2017/18 training plan (D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University</i></p> <p><b>15:45 - 16:30</b> Closing ceremony &amp; comments from participants <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Prof. Jun Kobayashi, University of the Ryukyus, JC-GSHR</i> <i>Ms. Jane Lillywhite, PCD, Imperial College</i></p> <p><i>Course participants</i></p> <p><b>16:30</b> Close</p>



**Agenda Key:**

- (D) *Discussion*
- (L) *Lecture*
- (Q&A) *Question & answer session*
- (WS) *Workshop*
- (V) *Visit*

DRAFT